

w: refuel.sg

e: contact@refuel.sg

t: 6264 1351

FE.EATERY.BRUNCH FB/IG: @refuelj9

HOT COFFEE		ICE COFFEE			
Espresso	3.5	Ice Latte	5.9		
Piccolo	4.8	Ice Black Coffee	5.3		
Latte	5.3	Ice Mocha	6.5		
Flat White	5.3	Ice Caramel Latte	6.5		
Cappuccino	5.3	Ice Hazelnut Latte	6.5		
Long Black	4.8	Dirty	5.9		
Mocha	5.9	Dirty Lotus	6.5		
Hazelnut Latte	5.9	Add shot	1.5		
Caramel Latte	5.9	Change oat	1.0		

COLD BREW BLACK / WHITE 6.5 / 7.0

## **CHOCOLATE BEVERAGES**

Hot Chocolate	5.9	Nutella Hot Chocolate	6.5
Ice Chocolate	6.5	Ice Nutella Chocolate	7.0

## **V-POWER SODAS**

Passionfruit	6.5	Lychee Strawberry	6.5
Pomegranate	6.5	Yuzu & Elderflower 🔞	6.5

# FRESHLY SQUEEZED JUICE

Orange Juice 5.5 Orange & Carrot 5.5

#### **MILKSHAKES & BLENDED**

Oreo Milkshake	7.5	Nutella Mikshake 📵	7.5
Peanut Butter	7.5	Lotus Biscoff 📵	7.5
Lychee Freeze	7.0	Gula Melaka Avocado	7.8

# **HOT TEA**Tea by Lindsay's Estate USA (SERVED IN POT) 5.5

## Earl Grey

A fine black scent with a citrus oil of bergamot

#### Chamomile

Flower of Egyptian chamomile, naturally caffeine-free

#### Coconut Vanilla

Savory, tropical-spice, vanilla cream undertones

# Jasmine Rose®

Jasmine green tea, rose petal, natural rose flavor

## **English Breakfast**

Blend of malty Indian Assam & pepper China Yunnan black teas, strong & simple

#### **ICE TEAS**

Fuel Ice Tea 🕲	6.0
Refreshing citrusy ice tea w	
lemon & lime	
Ice Passionfruit Tea	5.9
Ice Lychee Tea	5.9
Strawberry Mint Ice Tea	6.0

#### **OTHER BEVERAGES**

Babycino (Hot/Ice)	4.0
Coke Light	3.5



All prices are GST inclusive

Eggs Your Way 9.9 Choose your style of eggs {poached, scrambled or sunny si Served w salad & choice of {sourdough, brioche} or {pancake +2}	de-up} Gi Hi Sa	DD ON uacamole alf Avocado ausage acon		Sauteed Mushroom Smoked Salmon Tattertots	4.5	Brioche Sourdough Pancake	2.0 1.5 2.5
FULL TANK R  Bacon, sausage, mushroom, smoked salm salad, tattertos, tomato, scrambled eggs 8	on,	18.9	Bake	EL ME UP <b>®</b> d eggs w pork meatballs, b ed peppers, swiss cheese 8			15.9 toast
SALMON BENEDICT Smoked salmon, guacamole, poached egg hollandaise on toast		16.5	Fresh	ED CHICKEN WAF ally baked waffle served w en, arugula salad & fried	crisp	y juicy fried	16.5
PULLED PORK BENEDICT Slow cooked BBQ pulled pork served on to with spinach, poached eggs & hollandaise *contains nuts	past	15.9	Waffl	NTAIKO CHICKY W le served w crispy chicke e, bonito flakes, tobiko &	n thig	_	16.5
TRUFFLE EGGS MUSHROOM (Mushroom w light cream sauce, scramble eggs & truffle oil served on toast		15.9	Fresh	RKY EGG WAFFLE nly baked waffle w BBQ p & scrambled eggs	ulled	pork,	15.9
CHILI, EGGS & PRAWN SCRAM Sambal scrambled eggs, grilled prawns, broccolini & cheese on crusty toast	BLE 🤁 1	16.5	3 fluf eggs	FUEL PANCAKES  fy pancakes served w sal  & choice of:	ad, sc	rambled	1/ 0
SALMON PESTO SCRAMBLE Pesto scrambled eggs, smoked salmon sli		16.5		JSAGE or BACON DKED SALMON			14.9 15.9
& mushroom served on toast *contains nuts				NANA PANCAKES fy banana pancakes serv	ed w :	salad	13.9
CHICKEN PARMIGIANA Breaded chicken baked w parmesan chee	ese,	15.9		ambled eggs ains nuts			
tomato sauce, poached egg & mushroom on toast *contains nuts	served		4 fluf	NCAKES & FRUITS  ify pancakes served w ass  ains nuts	sortec	l fruits	12.9

**FUEL IT YOUR WAY** 

\*Please be patient with us. Baked items will require a slightly longer cooking time

# **SALADS**

## CHICKEN SALAD

13.5

Juicy baked chicken breast, croutons, cucumber & tomato salad. Served w homemade ranch dressing & boiled egg

#### SALMON AVOCADO SALAD

14.5

Salad w Italian dressing served w cucumber, mushroom, cauliflower, smoked salmon, avocado & croutons

## SALMON SESAME SALAD (R)

13.9

Grilled salmon bits, banana, strawberry, cucumber & salad tossed in Japanese sesame dressing

## SANDWICH

SMOKED SALMON SANDWICH

Toasted sandwich w smoked salmon, cheese, spinach, cucumber & avocado

CHICKEN PESTO SANDWICH 14.5

Toasted sandwich w tender chicken breast, onion, tomato, wasabi mayo, pesto, bacon & cheese \*contains nuts

CUBAN SANDWICH®

14.9

14.9

Toasted sandwich with pulled pork, bacon, cheese, tomatoes & gherkins

## **PASTAS**

please inform us if you prefer "no cheese" on your pasta

#### BACON AGLIO 15.5

Classico! Spaghetti coated w garlicky oil,

chilies, bacon, garlic bits, served w poached egg

## SPAGHETTI CARBONARA 15.5

Creamy pasta coated with creamy egg sauce & bacon. Served w poached egg

## MEATBALL BOLOGNESE 15.9

Slow cooked beef based sauce with pork meatball in rich herby tomato sauce

## PRAWNS & CLAMS AGLIO (R) 16.5

Prawns & clams in a winey aglio sauce. Slightly spicy

# TRUFFLE MUSHROOM® 15.9

Mushroom galore in a creamy truffle sauce

# CREAMY SHRIMPS & MUSSELS (R)

16.5

Refuel's Favourite pasta. Shrimps & mussels w lemongrass infused tomyum cream sauce. Slightly spicy, very tasty!

# DOUBLE CHILI CRAB (R) 16.9

Flaky crab meat pasta in spicy, creamy & eggy tomato sauce. Topped w crispy soft shell crab

#### TRIO MARINARA 16.5

Shrimps, clams & mussels pasta in slightly spicy marinara sauce

#### CREAMY PESTO PASTA

CHICKEN or 15.9

SMOKED SALMON 16.5

Cream based pasta w chicken slice or smoked salmon, homemade pesto, tomatoes & mushroom \*contains nuts

# SALAD I SANDWICH I PASTA

## **MAINS**

HONEY BBQ RIBS **®** 18.9

Tender slow baked honey BBQ ribs served w salad & corn on cob

BAKED SALMON & MASH 17.5

Chilean baked salmon fillet served w mashed potato, broccolini & tomyum cream sauce

IT'S SALMON TIME 17.5

Healthy salmon fillet baked with potatoes, chilies, peppers, mushrooms, zucchini & poached egg

MISS-O-SALMON TIME **®** 17.5

Salmon baked in miso broth together w broccolini, tomato, mushroom & mashed potato

FISH & CHIPS 16.5

Battered Dory fish fried till golden brown, served w fries, coleslaw & homemade tartar sauce. Classic!

HONEY LEMON CHICKEN 17.5

Baked whole chicken leg w lemon, cauliflower & tomatoes. Served w mashed potato & mushroom sauce \*contains nuts

CHICKEN IN CURRY 17.5

Baked whole chicken leg, cauliflower, potatoes & tomatoes. Served in coconut based curry & toast

BAKED CHICKEN STEW 17.5

Whole chicken leg baked in tomato based stew w mushroom, zucchini & potatoes. Served w toast

MUSHY CHICKEN (R) 16.5

Fried juicy chicken breast w mashed potato, cheese, truffle oil, poached egg & mushroom sauce

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## **MAC & CHEESE**

Please note that we use penne for our mac & cheese

BACON MAC & CHEESE 16.5

Bacon & cauliflower baked with 3 different cheeses in a tomato cream based sauce

MENTAIKO SALMON M&C ® 16.9

Salmon bits and broccoli baked with 3 different cheeses, topped w mentaiko sauce

MEATY MAC & CHEESE 16.9

Slow cooked beef based tomato sauce & sauteed bell peppers baked with 3 types of cheeses. Simply comforting

## **BURGERS**

All Burgers served with fries. Add \$1 to change to Tattertots

BACON CHEESE BURGER® 16.9

Angus beef patty, cheese, bacon, gherkins & homemade sauce

SAUTEED ONION BURGER 16.9

Angus beef patty, sweet sauteed onion, cheese & jalapeno

CHICKEN BACON BURGER 15.9

Fried tender chicken thigh, cheese, BBQ sauce, tomato, jalapeno & bacon

MENTAIKO CHICK BURGER (R) 15.9

Fried tender chicken thigh, cheese, mentaiko sauce, tomato, bonito flakes & onions

PULLED PORK BURGER (R) 14.9

Slow cooked BBQ pulled pork, sandwiched between the bun w creamy slaw & gherkin

BITEZ		SOUP W TOAST (R)	5.9
SOY GARLIC CHICKEN ® 9 pieces of fried chicken coated w soy, honey & garlic sauce	10.9	TRUFFLE FRIES (R) Shoestring fries w truffle oil & parmesan cheese	10.9
CHICKEN KARAAGE 9 pieces of crispy fried chicken karaage served w wasabi mayo	9.9	TRUFFLE TATTERTOTS  Cylinder shaped potato balls deep fried & coated w truffle oil & cheese	10.9
MAPLE GARLIC WINGS <b>®</b> 6 pieces of sweet maple glazed chicken wings w a hint of garlic	11.5	BEEFY CHEESE FRIES Shoestring fries w beef meat sauce, cheese sauce ranch dressing, onions, jalapeno & chilies	11.5
DEVILS' WINGS 6 pieces of fried mid joint chicken wings coated w spicy hot sauce	11.5	MENTAIKO BRO-CAULI ®  Bowl of broccoli & cauliflower served w mentaiko sauce & tobiko	10.9

coated w spicy hot sauce		Bowl of broccoli & cauliflower served w mentaiko sauce & tobiko	
	DESS	ERTS	
SALTED CARAMEL WAFFLE R Freshly baked waffle served w a scoop of ice cream & salted caramel sauce	11.9	CHARCOAL WAFFLE ®  Charcoal waffle w berries, baked apple cinnamon, pistachio & a scoop of ice cream *contains nuts	13.9
BROWNIE W ICE CREAM  Homemade bittersweet brownie served w a single scoop of vanilla ice cream	8.0	NUTELLA BANANA WAFFLE Waffle w banana & buttered oats. Served w nutella, chocolate sauce & a scoop of ice cream	13.5
APPLE CRUMBLE ©  Crustless homemade baked apple crumble w  vanilla ice cream. Topped w crumble, buttered  oats & blueberries. Simple yet heavenly!	9.5	WAFFLE & BERRIES Waffle w berries, pomegranate, pistachio, sunflov seed & a scp of ice cream *contains nuts	13.9 ver
PANCAKE STACK 3 fluffy pancakes served w a scoop of vanilla ice cream, drizzled w our homemade	9.9	AFFOGATO  Double scoops of vanilla ice cream drowned in espresso	6.5
salted caramel sauce		SINFULLY CHOC AFFOGATO  Brownie chunks, buttered oats, salted caramel	9.5
PANCAKE INDULGENCE ®  3 pieces of banana pancakes served w a scoop of ice cream, strawberries, blueberries, nuts &	12.9	sauce & double scoops of chocolate ice cream drowned in espresso	. <del></del>
drizzled w maple syrup *contains nuts	10.5	CAKES  Please check with our staff for	
EARL GREY PANCAKES  Fluffy earl grey infused pancakes w  pomegranate, homemade crumble, maple	12.5	available cake flavours	<u>i</u>
syrup & a scoop of ice cream		Add Ice cream	2.5